

Donnington Primary School

Sex Education and Relationship Policy

Mission Statement

Our mission is to provide all our children with high standards of teaching, learning and playing environments, so that each child can develop to his or her greatest potential and be prepared to move forward in study, work and play for their future success

What is Sex Education and Relationship Education?

Sex and Relationship Education is lifelong learning about physical, moral and emotional development. It is the understanding of the importance of marriage and family life, stable and loving relationships, respect, love and care. (DfEE 0116/2000).

Aims

- To engender growth in self-respect and self worth.
- To enable pupils to have an understanding that love is central to relationships.
- To promote an appreciation of the nature, purposes and values of relationships and the family.
- To enable pupils to have an understanding of themselves, their bodies and their emotional development.
- To enable pupils to reflect and recognise the qualities that helps them to grow and develop positive relationships.

Delivery of Sex and Relationship Education

Sex and Relationship Education is delivered through four broad themes within the context of the National Healthy School Standard:

- Developing confidence and responsibility for making the most of pupils' abilities
- Preparing to play an active role as citizens
- Developing healthier and safer lifestyles
- Developing good relationships and respecting differences between people.

Delivery of Sex and Relationship Education is the responsibility of the Class Teacher, although outside agencies, for example the school nurse, may also have an input, and is always in line with our school ethos. Parents/carers are asked to support the teaching at home.

Sex and Relationship Programme Content

Sex and Relationship Education at the primary phase builds on the personal and social development work carried out to meet the Early Learning Goals at the Foundation Stage. It builds a foundation of emotional and social skills which is central to all later SRE work.

At Key Stage 1, the SRE programme continues the work from the Foundation Stage. It helps to build the following skills:

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- Developing confidence in talking
- Listening to others
- Thinking about feelings
- Naming emotions,
- Developing self-esteem
- Developing assertiveness skills and friendship skills.

At Key Stage 2, the above skills work continues and pupils look specifically at:

- The changes that will take place at puberty
- How babies are conceived, develop and are born.

Legal Requirements of Sex and Relationship Education:

The following are compulsory in the National Curriculum Science programmes of study at Key Stages 1 and 2.

At Key Stage 1, pupils are taught:

- That animals including humans move, feed, grow, use their senses and reproduce.
- To recognise and compare the main external parts of the body in humans.
- That humans can produce babies and these grow into adults.
- To recognise similarities and differences between themselves and others, and treat others with sensitivity.

At Key Stage 2, pupils are taught:

- That the life processes common to humans and other animals include nutrition, growth and reproduction.
- About the main stages of the human life cycle.
- Content specific to the new curriculum will also be covered in this curriculum area

Teaching and Learning Approaches

SRE is generally delivered using participatory methods of learning and these include:

- Whole class discussion
- Use of circle time
- In small groups
- On a one-to-one basis
- Teaching in single sex groups may be appropriate at times

Teaching Sensitive Issues

Puberty

We aim to provide accurate information about the physical and emotional changes that take place at puberty. Both boys and girls are given basic knowledge of what

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happens to each gender. We also explain that it is normal for everyone to develop at different rates.

Menstruation

We provide accurate information about menstruation in Year 5. Sensitive arrangements are organised to prepare the girls for menstruation. Sanitary disposal facilities are available in the disabled toilet. Staff are prepared to deal with requests for sanitary towels in a helpful manner and without embarrassment.

Inclusion

We have a commitment to ensuring that all pupils will have equal access to the SRE curriculum, following guidelines in the Special Educational Needs and Equal Opportunities policies.

Parents have the right to withdraw their children from all or part of the Sex and Relationships Education at school, except for those parts included in the National Curriculum Science orders. Where parents wish to withdraw their child, they must notify the school so that alternative arrangements can be made.

Confidentiality

Some pupils may choose to mention specific problems or individual issues involving themselves or members of school community. While staff will want to be supportive, it is made clear to all staff they work within child protection guidelines (see Child Protection policy) and therefore must state to their pupils that they may not be able to guarantee confidentiality.

Monitoring and Review

The SMT and the PSHE Leader will monitor teaching and learning according to our school's policy. The Curriculum and Personnel Committee of the Governing Body monitors our sex education policy.